

ALLOTINABOX®

SEED HELP

No.1 BROAD BEAN

These are one of our favourite crops to grow and are hard to beat for springtime growing. When grown the pods are full of small tender beans, and they are perfect grown in pots.

Start them off under cover, the main growing season is March and April, although if you want to start early then get going in February under cover. Spring sown crops should be ready to pick in about 15 weeks. If you want an even earlier then you can sow in November for a crop ready to harvest in April.

Growing Broad Beans is very straightforward if you follow some of our easy steps.

- Choose a well-drained site that has either been thoroughly dug up or well mixed in if growing in a container.
- Sow the seeds 2 inches deep and about 20cm apart. Sow a few extra seeds at the end of rows if you are planting them in the ground, these can be lifted later to fill gaps created by any seeds that might not germinate.
- Pinchout the first few centimeters of growth on the main stem, this re-directs the energy of the pods and fends off any aphid infestation. You can also use some of our natural jute twine to stake the plants as they climb, use this to attach to a sturdy stake so that the crop can climb.
- Soak your plants well at the start of the flowering, and then again about two weeks afterwards.
- Pinch the lowest part of the blossom and tips of the beans to promote healthy growth and these can be used for stir-fries or added to salad.

