

# ALLOTINABOX®

## SEED HELP

### No.1 AUBERGINE

Our No.1 Heritage Aubergine seeds produce the most beautiful plants and fruits for your allotment, garden or balcony. Not only do they look great, they are the most delicious dish filling vegetables you can grow! Our hand-chosen seed variety is perfect for growing in the UK and will still grow in autumn, growing right through October.

You can tell if they are ripe by peeking under the green-star like stem – if the skin is green it's not ready to pick if its white pick your delight! The perfect ripe Aubergine will have a little texture to squeeze, but not overly soft. It is over ripe if it has too many seeds.

If you're crop isn't ripe or over ripe, sprinkle some sea salt on the flesh before cooking to draw out the flavour. It is quite a dish filler, much like potato so, salt is great for really drawing out the flavour.

The beauty of our No.1 Heritage Aubergine seeds, much like our Peppers is that you can grow them in almost anything. They can be placed in pots in corner of your garden patio, allotment or even your balcony!

You can start off these seeds in a small-ish pot with a tiny bit of compost loosely filled in. Scatter in your Aubergine seeds delicately and cover very, very thinly, sowing a few more seeds than you need incase you lose some. Propagating the seeds will always help along the process, but either way you can move the seeds to a larger pot when they reach around 2cm in height. If you do use a small propagator, it can happily sit on your windowsill so you can track the tiny shoots.

When they are ready moved to a pot, be very careful with your seedling and place into a small hole created with your ALLOTINABOX® Dibblet. If in time the roots pop out of the bottom, your plant can be moved into a larger pot – again being very careful with the plan when you transplant it.

With some loving care, these Aubergine seeds should produce around five or six fruits, so the total produce from one pack of our ALLOTINABOX® No.1 Aubergine Seeds could be around 20 whole Aubergines! You could yield 20 Aubergines from a packet costing £1.49, which is roughly around £25 of produce if you were to buy at a supermarket. Not only is it fantastic value for money, fun to grow but your vegetables will have no air-miles compared to the thousands of miles aggregated by supermarkets.

You can grow these Aubergines and store them in some very clever ways, such as our Aubergine in Oil recipe (see Harvest & Cook) or in a Caponata. It would be unforgivable if we didn't mention how amazing a home-made Moussaka will be made with your home-grown! For more recipes visit our Harvest & Cook section.

Happy Growing!



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